

GRAB-N-GO DELI ITEMS

BACON, EGG & CHEESE SANDWICH \$13

Two Fried Eggs, Streaky Bacon, Cheese, Tomato Relish

CAJUN CHICKEN & AVO FOCCACCIA \$14

Blackened Chicken, Whole Grain Aioli, Rocket, Tomato, Pickled Onion, Avocado, Lemon

FIG & BRIE RYE SANDWICH \$14 (V)

Fig, Brie Cheese, Caramelized Onion, Candied Walnuts, Rocket, Garlic Aioli, Olive Oil

HOT HAM & TURKEY SANDWICH \$14

Smoked Leg Ham, Smoked Turkey, American Cheese, Cheddar Cheese, Baby Lettuce, Tomato, Pickles, Dijonnaise

ITALIAN SPICED PUMPKIN & FETA RYE SANDWICH \$14 (V)

Butternut Pumpkin, Sundried Tomato, Puffed Rice, Baby Greens, Feta, Candied Balsamic, Aioli

BLTA WRAP \$13

Streaky Bacon, Baby Lettuce, Fresh Tomato, Avocado, Aioli

MEXICAN GRAINS SALAD \$13 (V/GF)

Organic Quinoa, Black Beans, Black Eyed Peas, Brown Rice, Tomato, Corn, Edamame, Avocado, Sour Cream, Coriander

BANANA BREAD \$6 (V)

CROISSANTS

- a. Plain \$6 (V)
- b. Cheese & Tomato \$7 (V)
- c. Ham & Cheese \$7
- d. Ham, Cheese & Tomato \$8

FILO PASTRIES

- a. Chicken Mushroom \$9
- b. Spinach Pumpkin Feta \$9 (V)

★ CHEF RECOMMENDATION

~WE TRY OUR BEST TO CUSTOM CATER TO MOST DIETARY REQUIREMENTS, HOWEVER PLEASE ALERT YOUR SERVER OF ANY ALLERGIES BEFORE ORDERING

BREAKFAST

TOAST \$6 (V)

Sourdough/Rye/GF/Raisin served with condiments*
**BUTTER/STRAWBERRY JAM/HONEY/VEGEMITE/PEANUT BUTTER*

ROHDE'S CLARE VALLEY FREE RANGE EGGS ON TOAST (Sourdough / Rye / Gluten-Free) \$12 (V)

Two Eggs your way, Fresh Baby Greens

Add Extras – Baked Tomato \$3, Boozy Bacon Jam \$3, Egg \$3, Homemade Hollandaise \$4, Tater Tots \$4, Wilted Greens \$4, Avocado \$5, Grilled Halloumi \$5, Herbed Mushrooms \$5, Homemade Sausage \$5, Streaky Bacon \$5, Fried Chicken 2pcs \$7, Smoked Salmon \$7

SUPERFOOD GRANOLA PARFAIT \$12 (V)

Organic Local Yoghurt, Berries, Passionfruit, Local Granola, Buckwheat, Chia

OATS PORRIDGE \$15 (V)

Strawberry Rhubarb Compote, Pistachio, Violet, Panela Sugar, Seeds

QUINOA BOWL \$15 (V/GF)

Organic Quinoa, Black Beans, Black Eyed Peas, Brown Rice, Tomato, Corn, Edamame, Mexican Cheese, Fresh Baby Greens, Poached Egg, Sour Cream, Avocado, Coriander

EGG WHITE OMELETTE \$19 (V)

Shaved Parmesan, Wilted Greens, Herbed Mushrooms, Fresh Herbs, on Dark Rye

BREAKFAST BURRITO \$20 ★

Flour Tortilla, Scrambled Eggs, Peppers, Onions, Sausage, Bacon, Chile Con Queso, Salsa Verde, Corn Chips, Fresh Baby Greens

CHILLI SCRAMBLED EGGS \$20 (V) ★

Singapore Chili Sauce, Roasted Peanuts, Crispy Shallots, Spring Onion, Coriander, on Sourdough

CINNAMON FRENCH TOAST \$20 ★

Cinnamon & Brown Sugar Sourdough Toast, Streaky Bacon, Pure Maple Syrup

SMASHED AVO & HALLOUMI \$22 (V) ★

Two Poached Eggs, Snow Pea Tendrils, Sumac, Lime, Dukkah, Pepita, on Dark Rye

BIG BREAKFAST \$27

Two Eggs your way, Streaky Bacon, Homemade Sausage, Baked Tomato, Herbed Mushrooms, Wilted Greens, Tater Tots, Boozy Bacon Jam, on Sourdough

VEGETARIAN BIG BREAKFAST \$27 (V)

Two Eggs your way, Grilled Halloumi, Avocado, Baked Tomato, Herbed Mushrooms, Wilted Greens, Tater Tots, Tomato Relish, on Dark Rye

THE BEAST BREAKFAST (For Two) \$69 ★

4 Eggs your way, Streaky Bacon, Homemade Sausage, Avocado, Grilled Halloumi, Baked Tomato, Herbed Mushrooms, Wilted Greens, Tater Tots, Boozy Bacon Jam, Tomato Relish, 2 Slices of Sourdough & 2 Slices of Rye + 2 Fresh OJ / Any Cold Drink of your choice + 2 Small Coffees (espresso-based)

THE BENEDICTS

...served with Homemade Hollandaise

GREENS FLORENTINE \$19 (V)

Wilted Greens, Two Poached Eggs, Fresh Herbs, on Dark Rye

LEG HAM BENEDICT \$20

Smoked Leg Ham, Two Poached Eggs, Fresh Herbs, on Sourdough

NASHVILLE CHICKEN BENEDICT \$24 ★

Hot Fried Chicken, Two Poached Eggs, Boozy Bacon Jam, Snow Pea Tendrils, on Texas Toast

SALMON ROYALE \$24

Smoked Salmon, Two Poached Eggs, Wilted Greens, Fresh Herbs, on Dark Rye

LUNCH ...served with Chips

CLASSIC CHEESEBURGER \$18 ★

Angus Beef, American Cheese, Lettuce, Tomato, Pickles, Burger Sauce
(Double-Up Patty & Cheese for \$6)

JAMAICAN JERK HALLOUMI BURGER \$20 (V)

Local Halloumi, Jerk Sauce, Lettuce, Tomato, Pickles, Shallots

SOUTHERN FRIED CHICKEN BURGER \$20

Fried Chicken, Lettuce, Tomato, Pickles, Burger Sauce
(Add Bacon for \$5)

MEXICAN CHEESY NACHOS \$16 (V/GF)

Corn Chips, Chile Con Queso, Pico De Gallo, Jalapeños, Sour Cream, Avocado, Salsa Verde
(Add Chicken/Beef for \$6)

NYC TURKEY REUBEN \$20

Aldinga Smoked Turkey, Swiss Cheese, Sauerkraut, Pickles, Russian Dressing, Dijon, on Rye

NASHVILLE HOT CHICKEN \$22 ★

Spicy Hot Fried Chicken Tendrils, Pickles, Buttermilk Ranch, on White Bread

SALADS MADE-TO-ORDER

GRILLED HALLOUMI SALAD \$17 (V/GF)

Fresh Baby Greens, Roast Pumpkin, Pine Nuts, Lemon, Balsamic Tahini Vinaigrette
(Add Grilled Chicken for \$6)

TACO SALAD BOWL \$18

Crispy Tortilla, Mexican Spiced Beef, Sriracha, Baby Greens, Cheese, Avocado, Sour Cream, Pico De Gallo

"SOUP OF THE DAY" (Just Ask Us)

We have a range of cakes, and health treat options in our Cake Fridge in-store

COFFEE

HOUSE BLEND: FORZA BY VENEZIANO COFFEE ROASTERS
SINGLE ORIGIN: CHANGES WEEKLY

	SMALL	MEDIUM	LARGE
Ristretto	\$3.30		
Short Black	\$3.30		
Macchiato	\$3.80		
Piccolo Latte	\$3.80		
Café Latte	\$4.30	\$5.30	\$6.30
Cappuccino	\$4.30	\$5.30	\$6.30
Flat White	\$4.30	\$5.30	\$6.30
Long Black	\$4.30	\$5.30	\$6.30
Iced Latte/Black	\$4.50	\$5.50	\$6.50
Chai Latte	\$4.50	\$5.50	\$6.50
Organic Turmeric Latte	\$4.50	\$5.50	\$6.50
Mocha	\$5.30	\$6.30	\$7.30
Dirty Chai	\$5.50	\$6.50	\$7.50
Affogato	\$6.00		
Babyccino	\$2.00		

EXTRAS

Soy / Lactose-Free / Almond / Coconut	\$1.00
Single Origin / Decaf / Extra Shot	\$1.00
Vanilla / Caramel / Hazelnut	\$1.00
Cream / Honey	\$0.70

FROM THE BREW BAR

Pour-Over	\$6.00
Syphon	\$6.00
Cold-Drip	\$6.00

T-BAR TEAS (Served as Pots, No Refills)

\$5.00

- Black - Earl Grey, English Breakfast, Rooibos Chai
- Green - Jasmine, Mortality, Sencha
- Herbal - Chamomile, Lemongrass Ginger, Peppermint

BELGIAN HOT CHOCOLATE

	SMALL	MEDIUM	LARGE
Classic	\$5.00	\$6.00	\$7.00
Chilli Cinnamon	\$5.20	\$6.20	\$7.20
Chocolate Chai	\$5.20	\$6.20	\$7.20
Bounty	\$5.50	\$6.50	\$7.50

ICED DRINKS

- Coffee \$7.00
 - Chocolate \$7.00
 - Chai \$7.00
 - Mocha \$8.00
 - Milkshakes \$7.00
- Coffee, Chocolate, Strawberry, Caramel, Vanilla, Mango

COLD DRINKS

Soft Drinks Assorted	\$4.00
Bottled Juices Assorted	\$6.00
San Pellegrino Range 250ml	\$4.20
San Pellegrino Mineral Water 500ml	\$6.00
Aqua Panna 500ml	\$5.00

COLD PRESS JUICES

- Fresh OJ \$7.00
 - Fruit Salad \$8.00
- Orange, Apple, Strawberry, Pineapple
- Refresher \$8.00
- Pear, Pineapple, Mint
- *Add Ginger to any juice \$1*

SUPERFOOD SMOOTHIES

\$11.00

(With Milk or Water)

- Amazonian Antioxidant Booster
Acai, Blueberries, Pomegranate, Banana, Goji Berries, Chia Seeds, Brazil Nuts
- Bahama Immunity
Mango, Passionfruit, Coconut, Turmeric, Vanilla Bean, Banana, Flaxseeds
- Evergreen Detox (with Water only)
Kiwi, Kale, Spinach, Pineapple, Coconut, Mint, Spirulina
- Helena Vitality
Dragon Fruit, Strawberries, Goji Berries, Pink Himalayan Salt, Banana, Dates, Chia Seeds
- Power Breakfast Energy
Banana, Peaches, Oats, Cacao Nibs, Dates, Manuka, Honey, Cinnamon



UBER EATS



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